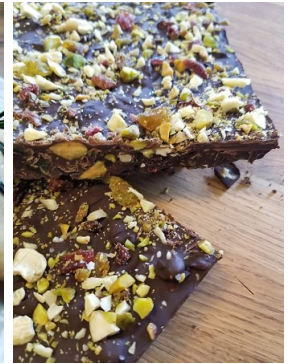
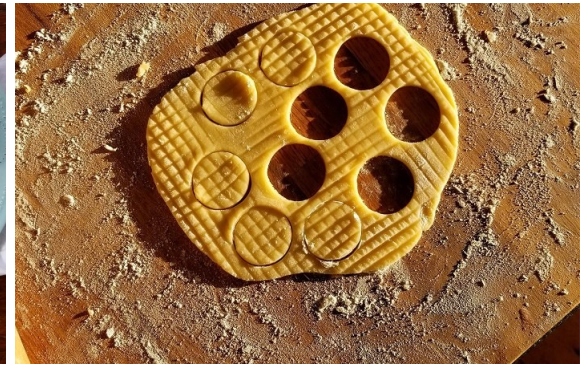


ED GABRIELS / FOOD / SWEET





**C O I D** Break out the blender to churn out these two top-rated "fizzes."



**GINGER BRIM**  
- 1/2 cup  
It's a great fall drink that's easy to make and tastes amazing. Add a touch of ginger and you're good to go. Try it with a splash of ginger liqueur for an extra kick. Can the spicy kick for you?



**SUMMER CRISPA**  
- 1/2 cup  
This is a great drink to make in a hurry. It's easy to make and tastes amazing. Add a touch of lime and you're good to go. Try it with a splash of lime liqueur for an extra kick. Can the spicy kick for you?

Image: Ed Gabriels

**Eat Right**  
FEEL YOUR BOWL!





**GREECE**  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ  
ΠΡΟΪΟΝΤΑ ΣΟΡΒΗΤΟΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ

**SOUTH AFRICA**  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ ΚΑΡΑΜΕΛΑΣ  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ ΚΑΡΑΜΕΛΑΣ

**MOROCCO**  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ ΚΑΡΑΜΕΛΑΣ  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ ΚΑΡΑΜΕΛΑΣ

**JAPAN**  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ ΚΑΡΑΜΕΛΑΣ  
ΠΡΟΪΟΝΤΑ ΚΑΡΑΜΕΛΑΣ ΚΑΙ ΚΡΕΜΑΣ ΣΟΡΒΗΤΟΣ ΚΑΡΑΜΕΛΑΣ